


















Hi!! NOVEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 ZOOM YOGA 
3	4	5 ZOOM YOGA 	6	7 ZOOM YOGA 	8  CHURCH YOGA	9 
10	11 Veterans Day	12 ZOOM YOGA 	13	14 ZOOM YOGA 	15 LUNCH DATE  11:30 Patti's	16 ZOOM YOGA 
17	18	19 ZOOM YOGA 	20	21 ZOOM YOGA 	22  CHURCH YOGA	23 
24	25	26 ZOOM YOGA 	27	28   	29	30 